



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

**DEPARTMENT OF ORTHOPEDICS
PG TEACHING SCHEDULE JUNE 2025**

THEORY (8.00am to 9.30 am)

DATE	TOPIC	FACULTY
02.06.2025	Classification of bone tumours	Dr.Thadi Mohan
05.06.2025	Proximal humerus fracture	Dr.Jaithilak
09.06.2025	Nonunion and Bone Defects	Dr.Chandrababu (Emeritus Professor)
12.06.2025	Lunate and perilunate dislocation	Dr.Jim F Vellara
16.06.2025	Avascular necrosis of hip	Dr.Balu C Babu
19.06.2025	Paediatric Foot deformities	Dr.Vipin Mohan
23.06.2025	Fifth metatarsal base fracture	Dr.Arjun
26.06.2025	High ankle sprain	Dr.Druvan S
30.06.2025	Diabetes and bone	Dr.Nigil

SEMINAR (8.00am to 9.30am)
(ATTENDEES: ALL FACULTIES & PGs)

DATE	TOPIC	PRESENTER	FACULTY
03.06.2025	Humerus shaft fracture	Dr.Sidharth	Dr.Vipin Mohan
10.06.2025	Epiphyseal injury of elbow	Dr.Mathumitha	Dr.Amal Antony
17.06.2025	Hip Dysplasia	Dr.Rahulraj	Dr.Amritaraj
24.06.2025	Pelvic fractures	Dr.Logeshwer	Dr Afnas

CASE PRESENTATIONS
(ATTENDEES: ALL PGs)

DATE	TIME	TOPIC	PRESENTER	FACULTY
02.06.2025	5pm -6pm	OA Knee	Dr.Shambhu	Dr.Jai Thilak/ Dr.Balu/ Dr.Vipin
07.06.2025	8.00 am- 9.30am	Neck of femur fracture	Dr.Sidharth	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Amal
09.06.2025	5pm -6pm	Secondary Osteoarthritis Right Hip	Dr.Apeksha	Dr.Thadi Mohan/ Dr.Vipin/ Dr.Afnas
13.06.2025	5pm -6pm	ACL with Meniscal Tear	Dr.Umang	Dr.Jim/ Dr.Arjun / Dr.Nigil

14.06.2025	8.00 am-9.30am	Terrible triad of knee	Dr.Aseem	Dr.Druvan / Dr.Amritaraj / Dr.Vivek
16.06.2025	5pm -6pm	Right ankle arthritis	Dr.Varun	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Amal
20.06.2025	5pm -6pm	Charcots foot	Dr.Mathumitha	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu
21.06.2025	8.00 am-9.30am	Wrist drop	Dr.Anandhu	Dr.Thadi Mohan/ Dr.Amal Antony
23.06.2025	5pm -6pm	Osteomyelitis Right Tibia	Dr.Anand menon	Dr.Jim/ Dr.Arjun / Dr.Nigil/ Dr.Amritaraj
27.06.2025	5pm -6pm	Tennis elbow	Dr.Mathew	Dr.Druvan / Dr.Amritaraj / Dr.Vivek
28.06.2025	8.00 am-9.30am	Proximal Humeral shaft Fractures	Dr.Nitish	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Amal
30.06.2025	5pm -6pm	Recurrent shoulder dislocation	Dr.Amuthan	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu

GROUP DISCUSSION (4pm -5pm)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
03.06.2025	Cervical spine fractures	Dr.Jai Thilak/ Dr.Amal Antony
04.06.2025	Tarsal tunnel syndrome	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
05.06.2025	CVT and pes planus	Dr.Thadi Mohan / Dr.Arjun/ Dr.Afnas
07.06.2025	Madura foot	Dr.Jim/ Dr. Nigil/ Dr.Vipin
10.06.2025	Complex Regional Pain Syndrome	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
11.06.2025	Hyaluronic Acid Injection	Dr.Jai Thilak/ Dr. Amal Antony
12.06.2025	Rotator cuff	Dr.Thadi Mohan / Dr.Afnas/ Dr.Amal
14.06.2025	Femuroacetabular impingement	Dr. Jim/ Dr.Arjun/ Dr.Amritaraj
17.06.2025	Recurrent dislocation of shoulder	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
18.06.2025	Pediatric Lateral Condyle fractures	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
19.06.2025	PCL injury	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
21.06.2025	Scheurmann disease.	Dr.Thadi Mohan / Dr.Vivek
24.06.2025	Burst fracture vertebra.	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
25.06.2025	Chondroplasty	Dr.Jim/ Dr.Arjun/ Dr.Nigil
26.06.2025	Distal Radius Fractures	Dr.Druvan/ Dr.Arjun/ Dr.Amritaraj
28.06.2025	Gluteus medius Syndrome	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu

JOURNAL CLUB (8.00am to 9.30am)
(ATTENDEES: ALL FACULTIES & PGs)

DATE	TOPIC	PRESENTER	FACULTY
04.06.2025	Tuberculosis of the Spine , Jain, Anil Kumar; Rajasekaran, S.; Jaggi, Karan Raj; More, The Journal of Bone and Joint Surgery. 102(7):617-628, April 1, 2020	Dr.Sidharth	Dr.Nigil
11.06.2025	Bartosiak, Kimberly; Schwabe, Maria; Lucey, Brendan. Sleep Disturbances and Disorders in Patients with Knee Osteoarthritis and Total Knee Arthroplasty. November 2, 2022. <i>The Journal of Bone and Joint Surgery</i> . 104(21):1946-1955,	Dr.Prasanth	Dr.Arjun
18.06.2025	Melissa M Allen , Scott B Rosenfeld: Treatment for Post-Slipped Capital Femoral Epiphysis Deformity. Orthop Clin North Am. 2020 Jan;51(1):37-53	Dr.Umang	Dr.Druvan
25.06.2025	Chiara Suardi, Davide Stimolo, Luigi Zanna.Varus morphology and its surgical implication in osteoarthritic knee and TKA, Journal Of Orthopaedic Surgery and Research .2022;17:299	Dr.Amuthan	Dr.Afnas

TUTORIALS (8.00am – 9.30am)
(ATTENDEES: ALL PGs)

DATE	TOPIC	PRESENTER	FACULTY
13.06.2025	Volkman's ischaemic contracture	Dr.Anand	Dr.Druvan
20.06.2025	Total condylar knee	Dr.Shambhu	Dr.Vipin
27.06.2025	Stabilization of Spine trauma patients	Dr.Amuthan	Dr.Amal Antony

GUEST LECTURE: 3.00 PM TO 4.00PM
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
21.06.2025	Rheumatoid Arthritis	Dr. Padmanabh Shenoy, Care Hospital, Kochi

PROCEDURES FOR THE MONTH OF JUNE 2025

OPD PROCEDURES	307
MAJOR	123
MINOR	210



DR . JAI THILAK
PROFESSOR & HOD
DEPARTMENT OF ORTHOPAEDICS
AIMS, KOCHI