



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF ORTHOPEDICS

PG TEACHING SCHEDULE MARCH 2025

THEORY (08.00am to 9.30 am)

DATE	TOPIC	FACULTY
03.03.2025	Biomechanics of cervical spine	Dr. Jaithilak
06.03.2025	Millet finger	Dr. Chandrababu (Emeritus Professor)
10.03.2025	Scaphoid fracture	Dr. Thadi Mohan
13.03.2025	Soft tissue sarcomas	Dr. Balu C Babu
17.03.2025	Transient Synovitis	Dr. Druvan S
20.03.2025	Cauda Equina Syndrome	Dr. Vipin Mohan
24.03.2025	Lymphoma of bone	Dr. Jim F Vellara
27.03.2025	Biopsy methods and basic principles	Dr. Nigil Sadanandan
31.03.2025	Compression fracture spine	Dr.Arjun Krishnan

SEMINAR (8.00am to 9.30am) **(ATTENDEES: ALL FACULTIES & PGs)**

DATE	TOPIC	PRESENTER	FACULTY
04.03.2025	Chondromalacia	Dr Apeksha	Dr. Balu C Babu
11.03.2025	Fibrous dysplasia	Dr Sidharth	Dr. Vipin Mohan
18.03.2025	Pathological fractures	Dr Umang	Dr. Amal Antony
25.03.2025	Humerus shaft fracture	Dr Ganesh	Dr. Vivek Lakshmanan

CASE PRESENTATIONS (5pm -6pm) **(ATTENDEES: ALL PGs)**

DATE	TOPIC	PRESENTER	FACULTY
01.03.2025 (8.00 am- 9.30am)	Distal Radius Fracture	Dr.Apeksha	Dr.Jai Thilak/ Dr.Balu/ Dr.Vipin
03.03.2025	CTEV	Dr.Sidharth	Dr.Chandrababu (Emeritus Professor)/ Dr. Balu
07.03.2025	Osteosarcoma of Ulna	Dr.Mahith	Dr. Jim/ Dr.Arjun / Dr.Nigil
08.03.2025 (8.00 am- 9.30am)	Paget disease of Femur	Dr.Shambhu	Dr.Thadi Mohan/ Dr.Vipin/ Dr.Afnas
10.03.2025	Scoliosis	Dr.Mathumitha	Dr.Druvan / Dr.Amritaraj / Dr.Vivek

14.03.2025	Genu varum deformity	Dr.Varun	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj
15.03.2025 (8.00 am- 9.30am)	Foot drop	Dr.Ganesh	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu
17.03.2025	Peri prosthetic joint infection	Dr.Umang	Dr.Thadi Mohan/ Dr.Amal Antony
21.03.2025	Malunited fracture of Right tibia	Dr.Apeksha	Dr.Jim/ Dr.Arjun / Dr.Nigil/ Dr Amritaraj
22.03.2025 (8.00 am- 9.30am)	Bilateral Dequervain's disease	Dr.Mathew	Dr.Druvan / Dr.Balu / Dr.Vivek
24.03.2025	Right ankle arthritis	Dr.Mahith	Dr.Chandrababu (Emeritus Professor)/Dr Jai Thilak/ Dr.Balu
28.03.2025	Base of thumb OA	Dr.Shambhu	Dr.Jai Thilak/ Dr .Balu/ Dr.Vipin
29.03.2025 (8.00 am- 9.30am)	Post-polio Paralysis	Dr.Logeshwar	Dr.Jim/ Dr.Arjun / Dr.Nigil/ Dr.Amritaraj
31.03.2025	Secondary Osteoarthritis Right Hip	Dr.Anand Menon	Dr.Thadi Mohan/ Dr. Amal Antony

GROUP DISCUSSION (4pm -5pm)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
01.03.2025	Lunate and perilunate dislocation	Dr.Jai Thilak/ Dr.Amal Antony
04.03.2025	Paget's disease	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr. Amritaraj
05.03.2025	Adamantinoma	Dr.Thadi Mohan / Dr.Arjun/ Dr.Afnas
06.03.2025	Neurofibromatosis	Dr.Jim/ Dr. Nigil/ Dr.Vipin
08.03.2025	Flexor tendon injury hand	Dr.Chandrababu (Emeritus professor)/ Dr.Balu/ Dr.Amritaraj
11.03.2025	Extensor tendon injury hand	Dr.Jai Thilak/ Dr.Amal Antony
12.03.2025	Atlantoaxial injury	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
13.03.2025	Unicameral bone cyst	Dr. Jim/ Dr. Arjun/ Dr.Amritaraj
15.03.2025	Lumbar disc prolapse	Dr.Jai Thilak/ Dr.Vipin/ Dr.Vivek
18.03.2025	Fractures of lateral femoral condyle	Dr.Thadi Mohan / Dr.Afnas
19.03.2025	Management of fracture neck of femur	Dr.Chandrababu (Emeritus professor)/ Dr.Balu / Dr.Amritaraj
20.03.2025	Dequervan's tenosynovitis	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
22.03.2025	Compartment syndrome	Dr.Thadi Mohan / Dr.Vivek
25.03.2025	Core decompression	Dr.Jim/ Dr.Arjun/ Dr.Nigil
26.03.2025	Pelvic fractures	Dr.Druvan/ Dr.Arjun/ Dr.Amritaraj
27.03.2025	Both bone forearm fracture	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
29.03.2025	Polytrauma	Dr.Chandrababu (Emeritus professor) /Dr.Balu / Dr.Amritaraj

JOURNAL CLUB (8.00am to 9.30am)
(ATTENDEES: ALL FACULTIES & PGs)

DATE	TOPIC	PRESENTER	FACULTY
05.03.2025	Bartosiak, Kimberly; Schwabe, Maria; Lucey. Sleep Disturbances and Disorders in Patients with Knee Osteoarthritis and Total Knee Arthroplasty.; More.The Journal of Bone and Joint Surgery. November 2, 2022104(21):1946-1955,	Dr.Mathumitha	Dr.Jim F Vellara
12.03.2025	Boonchana; Liengwattanakol et al.Comparison of Functional Recovery Between Unicompartmental and Total Knee Arthroplasty: A Randomized Controlled Trial Pongcharoen, The Journal of Bone and Joint Surgery. February 1, 2023: 105(3):191-201	Dr.Mathew	Dr.Chandrababu (Emeritus professor)
19.03.2025	Sanders, Julia; Goldstein, Rachel Y. Open Reduction and Pin Fixation of Pediatric Lateral Humeral Condylar Fractures.JBJS Essent Surg Tech, JBJS Essent Surg Tech. 2020 Nov 19;10(4):e19.00066.10(4):e19.00066	Dr.Varun	Dr.Amritaraj
26.03.2025	Riccio, Anthony I.; Blumberg, Todd J. Intramedullary Ulnar Fixation for the Treatment of Monteggia Fracture. JBJS Essent Surg Tech. 2021 Apr 19;11(2):e19.00076.	Dr. Mahith	Dr.Afnas

TUTORIALS (8.00am – 9.30am)
(ATTENDEES: ALL PGs)

DATE	TOPIC	PRESENTER	FACULTY
07.03.2025	Types of cartilages	Dr.Rahul	Dr.Thadi Mohan
14.03.2025	POP Complications	Dr.Shambhu	Dr.Druvan
21.03.2025	Ankle ligament injuries	Dr.Anandhu	Dr.Balu C Babu
28.03.2025	Otto Pelvis	Dr.Prasanth	Dr.Amritaraj

GUEST LECTURE: 3.00 PM TO 4.00PM
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
25.03.2025	Epiphyseal injuries	Dr. T C Ranjith, Rajagiri Hospital

CLINICO- PATHOLOGY MEETING: (9.30 AM TO 10 AM)
(ATTENDEES: ALL PGs)

DATE	CASE DISCUSSED	PRESENTER
06.03.2025	Ayesha, MRD : 2075713 (Left Proximal tibial lesion under evaluation)	Dr Mathew
06.03.2025	Ibrahim Zayan Zahid, MRD : 2690939 (Osteochondroma excision proximal humerus)	Dr Sidharth
06.03.2025	Krishna Kumari, MRD : 382007 (Swelling over Right ankle medial aspect under evaluation)	Dr Ganesh

PROCEDURES MARCH 2025

OPD PROCEDURES	367
MAJOR	137
MINOR	212



DR. JAI THILAK
PROFESSOR & HOD
DEPARTMENT OF ORTHOPAEDICS
AIMS, KOCHI